



Menu

Starters

Pão, Azeitonas, patê de sardinha e manteiga (bread, marinated olives, sardine pate and butter)
£4.00

Soupa do dia (soup of the day) - £3.50

Ask your waiter about our soup of the day

Camarões/king prawns(7) - £15.00

à guilho com pao tostado (a guilho served with sliced bread)

Ameijoas à bulhão pato/Clams à bulhão pato - £13.50

Pica Pau / Strips of beef - £8.50

Cesto de pão / Bread basket - £2.50

Azeitonas / Marinated olives - £1.50

Moelas / chicken gizzards- £6.50

Patas de galinha /chicken feet- £6.50

Croquetes de frango e chourico /chicken and chorizo croquettes-£2.50

Pastel de Salmao e atum fresco /fresh salmon and tuna fish cake-£2.50

Croquete de pernil /gammon croquettes-£2.00



CARNE (MEAT)

Bitoque de vaca - £12.50

Beef steak served with fried egg, rice, fries, and salad)

Bitoque de frango - £10.50

Chicken fillet served with fried egg, rice, fries, and salad.

Lombo de porco - £8.50

com arroz, batata frita e salada (pork loin, rice, fries, and salad)

PEIXE (FISH)

Salmao a sol mar - £17.50

Salmao com batata nova, vegetais saltiados e molho vierge
(pan-fried salmon with new potato, sautéed vegetables and vierge
sauce)

Posta de atum a sol mar - £18.50

pure de batata doce, vegetais e salsa verde

(Sol Mar style Tuna steak, sweet potato mash, vegetables, and salsa verde)

Pota a lagareiro £16.50

Batata a murro e salada (crushed new potatoes and salad)



Saladas (Salads)

Salada Grega (Greek salad) * £5.75

Salada Caesar (Caesar salad)* £5.75

Salada Nicoise (Nicoise salad)* £5.75

*Adicionar: frango £2.00, camarao £2.50, salmao ou atum fresco £2.50

*Add: chicken £2.00 prawns £2.50, fresh salmon or tuna £2.50

Prato do dia perguntar ao empregado (special of the day ask the waiter)
From £8.50 to £12.50

Sobremesa (perguntar ao empregado)Deserts (ask the waiter)
£3.95



DRINK MENU

Beers

Sagres £3.00

Super Bock £3.00

Super Bock stout £3.00

Budweiser £2.50

Wines

House Red wine

House White wine

125ml 175ml 250ml

£2.50 £3.50 £4.50

£2.50 £3.50 £4.50

Bottle wine

Adega de borba £16.50

Convento da vila £15.00

Porta da ravessa £12.50

Monsaraz £16.50

Alandra £15.00

Instinto forte £12.50

Porta 6 £12.50

EA £15.00

Adega dos lordes £15.00

Terras d`el rei £16.50

Trinca bolotas £19.50

Soft Drinks

Can drinks (coca cola, fanta, sumol, ice tea, gurana) **£2.00**

Sugar free (coca cola, coke zero) **£1.85**

Kombucha (raspberry lemonade, ginger lemon, passion fruit mango or peach) **£2.25**

Compal (pear, pineapple, coconut or red berries) **£2.00**